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**PATIENT INFORMATION**

**TODAY'S DATE:** \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Sex:  Male  Female  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_\_) \_\_\_\_\_  
Occupation: \_\_\_\_\_ Work/School Phone: (\_\_\_\_\_) \_\_\_\_\_  
Where can we leave confidential messages:  home  work  cell  email  other \_\_\_\_\_  
Employer/School Address: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_ Driver's License Number: \_\_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
How were you referred to my practice?: \_\_\_\_\_

**RESPONSIBLE PARTY and SPOUSE'S INFORMATION**

Person Responsible for payment:  self  spouse  parent  other \_\_\_\_\_  
Responsible Party: \_\_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Occupation: \_\_\_\_\_  
Employer: \_\_\_\_\_ Work Phone: (\_\_\_\_\_) \_\_\_\_\_  
Employer Address: \_\_\_\_\_ Driver's License No.: \_\_\_\_\_  
Spouse's Name: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_

**WHY DID YOU SEEK THE EVALUATION AT THIS TIME?** What are your goals in being here?  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY**

Please list current medications/supplements/vitamins/herbs: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies/drug intolerances (describe): \_\_\_\_\_

Past medical problems/surgeries: \_\_\_\_\_  
\_\_\_\_\_

Primary Care Physician (Name/Phone): \_\_\_\_\_

Any history of head trauma, concussion or significant accidents? (describe): \_\_\_\_\_  
\_\_\_\_\_

Ever any seizures or seizure like activity? \_\_\_\_\_

Prior hospitalizations (place, cause, date, outcome): \_\_\_\_\_

Are you pregnant?  Yes  No Planning to become pregnant?  Yes  No Currently nursing an infant?  Yes  No

Do you use birth control?  Yes  No What type? \_\_\_\_\_ Are you satisfied with your sex life?  Yes  No

Do you exercise?  Yes  No Type and frequency: \_\_\_\_\_ Present Height \_\_\_\_\_ Present Weight \_\_\_\_\_

**PSYCHIATRIC HISTORY**

Please list all medications/supplements taken alone and all medications taken in combination; including

dosages, effectiveness and any side-effects.) *If you need more room, please attach another sheet.*

Date Taken	Medication <i>Individual or Combinations Dosage(s) and time(s) taken per day</i>	Effectiveness	Side-Effects/Problems

For prior psychotherapy, please provide dates seen, therapist name, and what was or was not helpful:

\_\_\_\_\_

Please provide dates, location, and outcome of any psychiatric hospitalizations: \_\_\_\_\_

\_\_\_\_\_

### SOCIAL HISTORY

**Current Life Stresses** (include anything that is currently stressful for you, examples include relationships, job, school, finances, children) \_\_\_\_\_

\_\_\_\_\_

#### **Prenatal and birth events:**

Pregnancy complications (bleeding, excess vomiting, medication, infections, x-rays, smoking, alcohol/drug use, etc) \_\_\_\_\_

Any birth problems, trauma, forceps or complications? \_\_\_\_\_

**Sleep behavior:** sleepwalking, nightmares, recurrent dreams, trouble falling asleep or waking up? \_\_\_\_\_

\_\_\_\_\_

**School History:** Last grade completed \_\_\_\_\_ Last school attended \_\_\_\_\_

Any behavior or learning problems in school? \_\_\_\_\_

**Employment History:** (summarize jobs you've had, list most favorite and least favorite)

\_\_\_\_\_

Any work-related problems? \_\_\_\_\_

Ever Any Legal Problems/Criminal Charges? \_\_\_\_\_

Are you currently involved in any litigation? \_\_\_\_\_

Any history of suicide attempts/violent behavior? \_\_\_\_\_

Do you have access to firearms?  Yes  No

**Alcohol and Drug History:** (Please list age started and types of substances used through the years and any current usage. Also, describe how each of these substances made you feel; what benefit you got from them.)

These include alcohol (hard liquor, beer, wine), marijuana or hash, prescription tranquilizers or sleeping pills, inhalants (glue, gasoline, cleaning fluids, etc.), cocaine or crack, amphetamines, steroids, opiates (heroin, codeine, morphine or other pain killers), barbiturates, hallucinating drugs (LSD, mushrooms), PCP.

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Do you or have you ever experienced withdrawal symptoms from alcohol or drugs? \_\_\_\_\_  
Has anyone told you they thought you had a problem with drugs or alcohol? \_\_\_\_\_  
Have you ever felt guilty about your drug or alcohol use? \_\_\_\_\_  
Have you ever felt annoyed when someone talked to you about your drug or alcohol use? \_\_\_\_\_  
Have you ever used drugs or alcohol first thing in the morning? \_\_\_\_\_  
Caffeine use per day (caffeine is in coffee, tea, sodas, chocolate) \_\_\_\_\_  
Nicotine use per day, past and present, (nicotine is in cigarettes, cigars, tobacco chew) \_\_\_\_\_  
Have you been involved in any 12 step programs (AA, NA, etc)? \_\_\_\_\_

### FAMILY HISTORY

**Family Structure** (who lives in your current household, please give ages and your relationship to each):

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**Significant Developmental Events** (include marriages, separations, divorces, deaths, and any traumatic history) \_\_\_\_\_

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**Natural Mother's History:** age \_\_\_\_\_ occupation \_\_\_\_\_  
School: highest grade completed \_\_\_\_\_ Medical Problems \_\_\_\_\_

Has mother ever sought psychiatric treatment? Yes \_\_\_ No \_\_\_ If yes, for what purpose? \_\_\_\_\_

Mother's alcohol/drug use history \_\_\_\_\_

Have any of your mother's blood relatives ever had any learning problems or psychiatric problems including such things as alcohol/drug abuse, depression, anxiety, suicide attempts, psychiatric hospitalizations? (specify)

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**Natural Father's History:** age \_\_\_\_\_ occupation \_\_\_\_\_  
School: highest grade completed \_\_\_\_\_ Medical Problems \_\_\_\_\_

Has father ever sought psychiatric treatment? Yes \_\_\_ No \_\_\_ If yes, for what purpose? \_\_\_\_\_

Father's alcohol/drug use history \_\_\_\_\_

Have any of your father's blood relatives ever had any learning problems or psychiatric problems including such things as alcohol/drug abuse, depression, anxiety, suicide attempts, psychiatric hospitalizations? (specify)

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**Siblings** (names, ages, problems, strengths, relationship to patient) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Children** (names, ages, problems, strengths) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you have any religious affiliation or spiritual practices?**

\_\_\_\_\_  
\_\_\_\_\_

**Have any of your blood relatives experienced any of the following illnesses listed below? Please check the diseases and beside them, write which relative had the illness (i.e. mother, father, brother, sister, uncle, cousin, etc.).**

- Depression \_\_\_\_\_
- Bipolar disorder/manic-depression \_\_\_\_\_
- Alcoholism/drug abuse \_\_\_\_\_
- Severe trauma \_\_\_\_\_
- ADHD/learning disorders \_\_\_\_\_
- Attempted or completed suicide \_\_\_\_\_
- Anorexia/bulimia \_\_\_\_\_
- Severe obesity \_\_\_\_\_

- Anxiety/nerves \_\_\_\_\_
- Epilepsy/seizures \_\_\_\_\_
- High blood pressure \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Cancer \_\_\_\_\_
- Schizophrenia \_\_\_\_\_
- Alzheimer's or Parkinson's disease \_\_\_\_\_
- Psychiatric hospitalization \_\_\_\_\_